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Mr. Chad Maguire
Principal

STUDENT SAFETY NOTICE

Sevier Families,

The Center for Disease Control (CDC) and the Federal Drug Administration (FDA) recently released warnings to parents and educators about teen use of e-cigarettes, specifically Juul Vapes.

These devices heat up a cartridge containing oils and create a vapor that quickly dissolves into the air. These devices are small enough to fit in a closed fist and have a sleek, tech-inspired design that resembles a USB flash drive.

Each Juul vape cartridge contains the same amount of nicotine as a pack of cigarettes, ultrafine particles of heavy metals, and chemicals that are linked to lung disease. Across the country, teen use of Juuls and e-cigarettes has increased almost 900% since 2011.

<u>What is a Juul?</u>

- Juul is a brand name.
- This company controls about 70% of the market.
- The industry is a 15-billion-dollar industry that has come under fire for marketing to teens.
- Juuls look like USB drives or flash drives.
- They are small, can fit in the palm of your hand, and are easy for students to hide.
- They plug into USB ports for charging and use pods that contain chemicals to deliver nicotine to the lungs.
- The pods come in a variety of flavors including several fruity flavors.
- There is an odor that emits into the air when in use.

Pictured to the right is an example of a Juul. They come in different colors and designs.

<u>Health Risks</u>

1. Each Juul pod is equivalent to **one pack of cigarettes.**
2. They contain toxic substances, such as aldehydes and heavy metals.
3. Teens that use Juuls are at risk for permanent lung damage and disease.
4. Juuls also increase adrenaline levels that can lead to increased chances of heart disease.
5. Several cases reported **teens being hospitalized** after just three weeks of using a JUUL.
6. The CDC has considered this a great health risk for adolescents and their development.

Sevier's Plan

In order to keep our students safe and to prevent further devices from appearing on our campus, we developed the following plan of action:

1. **Educate our Students**
    a. Some of our ELA classes will use research articles and Juul related texts in combination with their informational text units.
    b. Our 7th grade science classes will study the lungs as part of their upcoming unit and perform research on the effect Juuls have on the lungs.

2. **Disciplinary Actions (**Since Juuls are a tobacco product and illegal for minors to possess, Sevier will take strong disciplinary actions towards students who are in possession).

    a. Any student in **possession** of a Juul will receive **at least 3 days of OSS**.
    b. Students observed **using** a Juul on campus will be suspended a **minimum of 5 days**.
    c. Students caught **selling** Juuls or Juul pods will receive **10 days of OSS** & may be recommended for **expulsion**.
    d. All students who offend this policy will be referred to **law enforcement.**

We have trained our staff on how to detect Juuls and plan to utilize our surveillance system to identify students who are using or in possession.

Sevier Families

We are asking our Sevier Family and community to help us educate students on the dangers of using a Juul device.

Please take a moment to discuss this national issue with your child. It is important that this is a conversation not a lecture. Encourage your child to be a leader in this effort by avoiding Juul products and not succumbing to peer-pressure.

The CDC and the FDA, along with several other agencies published research articles and information on Juuls and e-cigarettes. These are great resources so please share the consequences with your child.

Also, please be on the lookout for any new USB-looking-device that has entered your home or car. If you find a Juul, please have a conversation with your child and destroy the Juul.

If your child has used a Juul Vape, I recommend calling your child's physician.

I want to thank you for your support in keeping our students safe here at Sevier. Our partnership will help prevent this trend from becoming an issue at Sevier.

Thank You,

Mr. Chad Maguire, Principal

This picture provides a scale size for a JUUL and the pods.